UV constraints on IR modifications of gravity

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The Cosmological constant:

Given the matter (and the dark matter) we know about, Einstein's equations aren't satisfied:

$$\begin{array}{c} R_{\mu\nu} - \frac{1}{2} R g_{\mu\nu} \neq \frac{1}{M_P^2} T_{\mu\nu} \\ \uparrow \end{array}$$

observed expansion history

observed mass/energy (including dark matter)

Easy to fix:

Alter left hand side:

$$R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} + \Lambda g_{\mu\nu} = \frac{1}{m_P^2}T_{\mu\nu} \qquad \text{``Cosmological constant''}$$

Or alter right hand side:

$$R_{\mu\nu} - rac{1}{2}Rg_{\mu\nu} = rac{1}{m_P^2} \left[T_{\mu\nu} - m_P^2 \Lambda g_{\mu\nu}
ight]$$
 "Mysterious dark energy"

Contributions to Lambda are expected

• Phase transitions:
$$\Lambda_{\text{phase}} \sim \Delta V/M_P^2$$

• Vacuum energy of quantum fields: $\int \sqrt{\sqrt{N_P^2}} \Rightarrow \Lambda_{\text{quantum}} \sim \frac{m_{\text{particle}}^4}{M_P^2}$
• Bare CC: $\mathcal{L}_{UV} \sim M_P^2 \int d^4x \sqrt{-g} \Lambda_{\text{Bare}} + \cdots$
un-known contribution

<u>Observed Cosmological Constant is the sum of everything:</u>

$$\Lambda_{\text{observed}} = \Lambda_{\text{Bare}} + \Lambda_{\text{quantum}} + \Lambda_{\text{phase}} + \cdots$$

The cosmological constant problem



 $\Lambda_{\text{observed}} = \Lambda_{\text{UV}} + \Lambda_{\text{known physics}} + \Lambda_{\text{phase transitions}} + \cdots$

- The cosmological constant is not calculable (relevant operator, sensitive to unknown UV physics)
- Its observed value is small (not *natural*)
- A small value is unstable under deformations of UV physics (not *technically natural*)





Paul Dirac





Gerard 't Hooft

Possibilities



• Calculation wrong (the rules of effective quantum field theory are not what we think they are on very large scales)

2,+2,=5

Lorentz invariance: degrees of freedom & interactions

- Basic principles: Locality, Lorentz-Invariance \implies



degrees of freedom are classified by mass and spin/helicity



Theorems:

- Yang-mills is the only way for helicity-1's to interact at low energies
- \bullet GR is the only way for helicity-2 to self-interact at low energies
- Helicity ≥ 3 can't interact at low energies



Classes of models



Scalars

Minimal new stuff: a single cosmologically relevant scalar

Horndeski theory

Gregory Horndeski (1974) Deffayet, Deser, Esposito-Farese (2009)

Most general scalar tensor theory with 2nd order equations of motion

Non-linear EFT parametrization of a single degree of freedom

$$\mathcal{L}_2 = \sqrt{-g} \, G_2(\phi, X) \qquad \qquad \text{arbitrary functions of } \phi \;, \; \; X \equiv -\frac{1}{2} (\partial \phi)^2$$

$$\mathcal{L}_3 = \sqrt{-g} \, G_3(\phi, X) \Box \phi$$

$$\mathcal{L}_4 = G_4(X)R + G_{4,X}(X) \left[(\Box \phi)^2 - (\nabla_\mu \nabla_\nu \phi)^2 \right]$$
$$\mathcal{L}_5 = \sqrt{-g} \left[-\frac{1}{6} G_{5,X}(\phi, X) \left[(\Box \phi)^3 - 3\Box \phi (\nabla_\mu \nabla_\nu \phi)^2 + 2(\nabla_\mu \nabla_\nu \phi)^3 \right) + G_5(\phi, X) \nabla^\mu \nabla^\nu \phi G_{\mu\nu} \right]$$

Similar Lagrangians exist with multiple scalars, vectors, etc.

Horndeski theory

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Second-Order Scalar-Tensor Field Equations in a Four-Dimensional Space

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Abstract

Lagrange scalar densities which are concomitants of a pseudo-Riemannian metric-tensor, a scalar field and their derivatives of arbitrary order are considered. The most general second-order Euler-Lagrange tensors derivable from such a Lagrangian in a fourdimensional space are constructed, and it is shown that these Euler-Lagrange tensors may be obtained from a Lagrangian which is at most of second order in the derivatives of the field functions.

1. Introduction

Our considerations will be based upon a real, four-dimensional, C^{∞} differentiable manifold *M*. It will be assumed that all field functions are defined globally; however, our work will be of a purely local nature By a



Graviton propagation speed: GW170817/GRB170817A

Binary neutron star merger





galaxy NGC 4993 $\sim 40~{\rm Mpc}$ distance

GW170817/GRB170817A



Abbott et. al. Astrophysical Journal Letters, 848:L13

Constraint on the speed of gravity



Spin-2: massive gravity

Massive gravity: what about the massive spin-2 representation?

Maybe gravity is mediated by a *massive* particle:



Massive particle obeys the Klein Gordon equation:

$$(\Box - m^2) = 0$$

Solution gives a Yukawa potential:

$$V(r) \sim \frac{M}{M_P^2} \frac{1}{r} e^{-mr}, \quad m \sim H$$

Extra DOF: 5 massive spin states as opposed to 2 helicity states

Massive graviton: linear theory

Massive spin 2 particle: 5 degrees of freedom (as opposed to 2 for massless helicity 2)

Fierz-Pauli action:

Fierz, Pauli (1939)

$$\mathcal{L} = \underbrace{-\frac{1}{2}\partial_{\lambda}h_{\mu\nu}\partial^{\lambda}h^{\mu\nu} + \partial_{\mu}h_{\nu\lambda}\partial^{\nu}h^{\mu\lambda} - \partial_{\mu}h^{\mu\nu}\partial_{\nu}h + \frac{1}{2}\partial_{\lambda}h\partial^{\lambda}h}_{I} - \frac{1}{2}m^{2}(h_{\mu\nu}h^{\mu\nu} - h^{2}) + \frac{1}{M_{P}}h_{\mu\nu}T^{\mu\nu} + \frac{1}{M_{P}}h_{\mu\nu}T^{$$

Equations of motion:
$$(\Box - m^2)h_{\mu\nu} = 0, \quad \partial^{\mu}h_{\mu\nu} = 0, \quad h = 0$$

Linear solutions around sources



Massless gravity vs. massless limit of massive gravity: the vDVZ discontinuity

van Dam,Veltman, Zakharov (1970)

	$m \rightarrow 0$	m = 0
Newtonian potential	$\phi_N = -\frac{4}{3} \frac{GM}{r}$	$\phi_N = -\frac{GM}{r}$
Light bending angle (at impact parameter b)	$\alpha = \frac{4GM}{b}$	$\alpha = \frac{4GM}{b}$

Helicity components

Introduce fields for each helicity component:

Interaction terms

Effective field theory philosophy: write every possible term parametrized by arbitrary coefficients

$$\frac{M_P^2}{2} \int d^4x \,\left[\left(\sqrt{-g}R \right) - \sqrt{-g} \frac{1}{4} m^2 V(g,h) \right],$$

 $V(g,h) = V_2(g,h) + V_3(g,h) + V_4(g,h) + V_5(g,h) + \cdots,$

$$\begin{split} V_2(g,h) &= \langle h^2 \rangle - \langle h \rangle^2, \\ V_3(g,h) &= +c_1 \langle h^3 \rangle + c_2 \langle h^2 \rangle \langle h \rangle + c_3 \langle h \rangle^3, \\ V_4(g,h) &= +d_1 \langle h^4 \rangle + d_2 \langle h^3 \rangle \langle h \rangle + d_3 \langle h^2 \rangle^2 + d_4 \langle h^2 \rangle \langle h \rangle^2 + d_5 \langle h \rangle^4, \\ V_5(g,h) &= +f_1 \langle h^5 \rangle + f_2 \langle h^4 \rangle \langle h \rangle + f_3 \langle h^3 \rangle \langle h \rangle^2 + f_4 \langle h^3 \rangle \langle h^2 \rangle + f_5 \langle h^2 \rangle^2 \langle h \rangle \\ &+ f_6 \langle h^2 \rangle \langle h \rangle^3 + f_7 \langle h \rangle^5, \\ \vdots \end{split}$$

The effective field theory

Arkani-Hamed, Georgi and Schwartz (2003) Creminelli, Nicolis, Pappuchi, Trincherini (2005) de Rham, Gabadadze (2010)

After replacement $h_{\mu\nu} \rightarrow h_{\mu\nu} + \partial_{\mu}A_{\nu} + \partial_{\nu}A_{\mu} + 2 \partial_{\mu}\partial_{\nu}\phi + \cdots$ there are interaction terms:

$$m^{2}M_{P}^{2}h^{n_{h}}(\partial A)^{n_{A}}(\partial^{2}\phi)^{n_{\phi}} \sim \Lambda_{\lambda}^{4-n_{h}-2n_{A}-3n_{\phi}}\hat{h}^{n_{h}}(\partial \hat{A})^{n_{A}}(\partial^{2}\hat{\phi})^{n_{\phi}}$$

Various strong coupling scales:
The larger λ , the smaller the scale
$$\Lambda_{\lambda} = (M_{P}m^{\lambda-1})^{1/\lambda}, \quad \lambda = \frac{3n_{\phi}+2n_{A}+n_{h}-4}{n_{\phi}+n_{A}+n_{h}-2}$$

The smallest scale is carried by a cubic scalar interaction:

$$\sim \frac{(\partial^2 \hat{\phi})^3}{\Lambda_5^5}, \quad \Lambda_5 = (M_P m^4)^{1/5}$$

This is the (UV) strong coupling scale of the theory



The effective field theory

$$\sim \frac{(\partial^2 \hat{\phi})^3}{\Lambda_5^5}, \quad \Lambda_5 = (M_P m^4)^{1/5}$$

• Scalar self-interactions responsible for Vainshtein radius:



- Non-linearities restore continuity with GR (Vainshtein mechanism) Vainshtein (1972)
- Scalar self-interactions display the *Boulware-Deser ghost* Boulware, Deser (1972) Deffayet, Rombouts (2005)

The Λ_3 theory

Can choose the interactions, order by order in h, so that the scalar selfinteractions appear in total derivative combinations.

• Two parameter family of ways to do this

Arkani-Hamed, Georgi and Schwartz (2003) Creminelli, Nicolis, Pappuchi, Trincherini (2005) de Rham, Gabadadze (2010)

Cutoff raised to: $\Lambda_3 \sim \left(M_P m^2\right)^{1/3}$

Longitudinal mode is described by Galileon interactions:

$$\mathcal{L}_{2} = -\frac{1}{2}(\partial\phi)^{2} ,$$

$$\mathcal{L}_{3} = -\frac{1}{2}(\partial\phi)^{2}[\Pi] ,$$

$$\mathcal{L}_{4} = -\frac{1}{2}(\partial\phi)^{2} ([\Pi]^{2} - [\Pi^{2}]) ,$$

$$\mathcal{L}_{5} = -\frac{1}{2}(\partial\phi)^{2} ([\Pi]^{3} - 3[\Pi][\Pi^{2}] + 2[\Pi^{3}])$$

$$(\Pi_{\mu\nu} \equiv \partial_{\mu}\partial_{\nu}\phi)$$



dRGT massive gravity

de Rham, Gabadadze, Tolley (2011)

The theory can be re-summed:

$$\frac{M_P^{D-2}}{2} \int d^D x \,\sqrt{-g} \left[R - \frac{m^2}{4} \sum_{n=0}^D \beta_n S_n(\sqrt{g^{-1}\eta}) \right]$$

Characteristic Polynomials

$$S_{0}(M) = 1,$$

$$S_{1}(M) = [M],$$

$$S_{2}(M) = \frac{1}{2!} ([M]^{2} - [M^{2}]),$$

$$S_{3}(M) = \frac{1}{3!} ([M]^{3} - 3[M][M^{2}] + 2[M^{3}]),$$

$$\vdots$$

$$S_{D}(M) = \det M,$$

• Full theory has no Boulware-Deser ghost (propagates 5 DOF non-linearly)

Hassan, Rosen (2011) de Rham, Gabadadze, Tolley (2011) KH, Rosen (2012) + many others

Vielbein formulation of ghost-free massive gravity

KH, Rachel Rosen (arXiv:1203.5783)

Or in terms of vierbeins $g_{\mu\nu} = e_{\mu}^{\ A} e_{\nu}^{\ B} \eta_{AB}$

$$\frac{M_P^{D-2}}{2} \int d^D x \ |e|R[e] - m^2 \sum_n a_n \int \epsilon_{A_1 \cdots A_D} e^{A_1} \wedge \cdots \wedge e^{A_n} \wedge 1^{A_{n+1}} \wedge \cdots \wedge 1^{A_n}$$

Ghost-free mass terms are simply all possible ways of wedging a vierbein and background vierbein:

$$\epsilon_{A_{1}A_{2}A_{3}A_{4}}e^{A_{1}} \wedge e^{A_{2}} \wedge e^{A_{3}} \wedge e^{A_{4}}$$

$$\epsilon_{A_{1}A_{2}A_{3}A_{4}}e^{A_{1}} \wedge e^{A_{2}} \wedge e^{A_{3}} \wedge 1^{A_{4}}$$

$$\epsilon_{A_{1}A_{2}A_{3}A_{4}}e^{A_{1}} \wedge e^{A_{2}} \wedge 1^{A_{3}} \wedge 1^{A_{4}}$$

$$\epsilon_{A_{1}A_{2}A_{3}A_{4}}e^{A_{1}} \wedge 1^{A_{2}} \wedge 1^{A_{3}} \wedge 1^{A_{4}}$$

$$\epsilon_{A_{1}A_{2}A_{3}A_{4}}1^{A_{1}} \wedge 1^{A_{2}} \wedge 1^{A_{3}} \wedge 1^{A_{4}}$$

dRGT theory

CC problem:

• Exist self accelerating solutions, in the absence of a CC (acceleration is caused by graviton mass $m \sim H$) de Rham, Gabadadze, Heisenberg, Pirtskhalava (2010)

Gumrukcuoglu, Lin, Mukohyama (2011)

• A small graviton mass is protected from large quantum corrections (diff invariance restored as $m \to 0$) de Rham, Heisenberg, Ribeiro (2013)

Old CC problem

 $\underline{\text{New } CC}$

problem

• More difficult (need screening of a large CC, or a new symmetry) kani-Hamed, Dimopolous, Dvali Gabadadze (2002) Dvali, Hoffman, Khoury (2007) de Rham, KH, Rosen, Tolley (2013)

Phenomenology/new signals:

• Vainshtein mechanism hides 5-th force from experiments, so residual screening effects might be observable

Graviton mass constraints:

No real constraint from speed of gravity

LIGO $m_g < 1.2 \times 10^{-22}$ eV Clusters 10^{-29} Lunar laser ranging 10^{-32} de Rhar

de Rham, Deskins, Tolley, Zhou 1606.08462

UV completion

These theories are *effective field theories* (EFT) with a strong coupling scale parametrically larger than the mass:

 $\Lambda \gg m$

Something has to happen before the scale Λ to complete them:

- New particles/degrees of freedom { weakly coupled strongly coupled
- Strong coupling effects

Theory that includes these new effects is valid to a higher scale (UV extension or UV completion)

Do such completions exist? (landscape vs. swampland)

Isolated massive spinning particles?



Spin 0, 1/2: Yes (pseudo Goldstones)

Spin 1, 3/2: Yes (spontaneously broken weakly coupled gauge theory/SUGRA) Spin ≥ 2 : ?

Isolated massive spinning particles?

Can there be "elementary" particles with spin ≥ 2 ?

Are there high spin hadrons with Compton wavelength \gg intrinsic size ?

Can the graviton have a small Hubble-scale mass?

Common lore says No: a massive higher spin always comes with more states at parametrically the same mass

Isolated massive spinning particles?

Examples:



Can we do any better with the cutoff?

KH, James Bonifacio (1804.08686)

Look at observables: amplitudes

strong coupling scale
$$\Lambda_3 \sim (M_P m^2)^{1/3} \longleftrightarrow E^6$$
 growth of amplitude

Is there any way to do better than dRGT's E^6 growth of amplitudes (i.e. raise strong coupling scale further within the EFT)

$$\mathcal{L} \sim (\partial h)^2 + h^2$$

+ h^3 + \partial^2 h^3 + \partial^4 h^3 + \cdots
+ h^4 + \partial^2 h^4 + \partial^4 h^4 + \cdots
:

Field redefinitions \rightarrow put fields on shell: transverse, traceless, $\Box \rightarrow -m^2$ Classify all on-shell cubic and quartic vertices

cubic vertices

Polarization tensors:

$$\epsilon_{\mu_1\dots\mu_s} \to z_{\mu_1} z_{\mu_2} \dots z_{\mu_s} \quad , \qquad z^2 = 0$$

No on-shell non-trivial functions of momenta:

$$p_1^{\mu} + p_2^{\mu} + p_3^{\mu} = 0 \qquad \Rightarrow \qquad p_1 \cdot p_2 = \frac{1}{2} \left(m_1^2 + m_2^2 - m_3^2 \right) , \text{ etc.}$$

$$\mathcal{A}_3 \sim z_{12}^{n_{12}} z_{13}^{n_{13}} z_{23}^{n_{23}} z p_{12}^{m_{12}} z p_{23}^{m_{23}} z p_{31}^{m_{31}}$$

$$n_{12} + n_{13} + m_{12} = s_1,$$

$$n_{12} + n_{23} + m_{23} = s_2,$$

$$n_{13} + n_{23} + m_{31} = s_3.$$

Finite number of solutions \rightarrow On-shell cubic amplitudes nailed down by Lorentz invariance.

Cubic massive spin-2 vertices

\mathcal{A}_1	$z_1 \cdot z_2 \ z_2 \cdot z_3 \ z_3 \cdot z_1$	$h^3_{\mu u}$
\mathcal{A}_2	$(p_1 \cdot z_3 \ z_1 \cdot z_2 + p_3 \cdot z_2 \ z_1 \cdot z_3 + p_2 \cdot z_1 \ z_2 \cdot z_3)^2$	$\sqrt{-g}R\big _{(3)}$
\mathcal{A}_3	$(p_1 \cdot z_3)^2 (z_1 \cdot z_2)^2 + (p_3 \cdot z_2)^2 (z_1 \cdot z_3)^2 + (p_2 \cdot z_1)^2 (z_2 \cdot z_3)^2$	$\delta^{[\mu_1}_{\nu_1}\delta^{\mu_2}_{\nu_2}\delta^{\mu_3}_{\nu_3}\delta^{\mu_4]}_{\nu_4}\partial_{\mu_1}\partial^{\nu_1}h^{\ \nu_2}_{\mu_2}h^{\ \nu_3}_{\mu_3}h^{\ \nu_4}_{\mu_4}$
\mathcal{A}_4	$p_1 \cdot z_3 \ p_2 \cdot z_1 \ p_3 \cdot z_2 \ (p_1 \cdot z_3 \ z_1 \cdot z_2 + p_3 \cdot z_2 \ z_1 \cdot z_3 + p_2 \cdot z_1 \ z_2 \cdot z_3)$	$\sqrt{-g} \left(R_{\mu\nu\rho\sigma}^2 - 4R_{\mu\nu}^2 + R^2 \right) \Big _{(3)}$
\mathcal{A}_5	$(p_1 \cdot z_3)^2 (p_2 \cdot z_1)^2 (p_3 \cdot z_2)^2$	$\sqrt{-g} \left. R^{\mu\nu}_{\ \rho\sigma} R^{\rho\sigma}_{\ \alpha\beta} R^{\alpha\beta}_{\ \mu\nu} \right _{(3)}$

D=4: no A_4 , 2 additional parity violating amplitudes

Best possible scaling

Build the exchange Feynman diagrams:



Finite number of cubic vertices \rightarrow finite number of exchange diagrams \rightarrow bounded growth with energy

$$\mathcal{A}_{\text{exchange}} \sim E^{\#}$$

Best possible scaling

Classify all analytic quartic amplitudes (contact terms):

2 independent invariants made of momenta (2 Mandelstams)



This is the contact Feynman diagram:



Best possible scaling

Try to cancel off highest energy scaling of exchange diagrams, working down:

 $\mathcal{A}_4 = \mathcal{A}_{exchange} + \mathcal{A}_{contact}$



Result:Best possible scaling is E^6 Only theories that achieve this are dRGT theory and pseudo-linear
KH (1305.7227)

Same is true of bi-gravity: KH, James Bonifacio (1806.10607)

Best possible scalings for all spins

<u>Best scaling for spin-1</u>: $E^4 \qquad \Lambda_2 \sim (M_P m)^{1/2}$

<u>Best scaling for spin-2</u>: $E^6 \qquad \Lambda_3 \sim \left(M_P m^2\right)^{1/3}$

Conjecture for higher spins:

$$\mathcal{A}_4 \sim \begin{cases} E^{3s} & s \text{ even,} \\ E^{3s+1} & s \text{ odd.} \end{cases}$$

$$\Lambda_{\max} = \begin{cases} \Lambda_{\frac{3s}{2}} & s \text{ even,} \\ \\ \Lambda_{\frac{3s+1}{2}} & s \text{ odd.} \end{cases} \qquad \qquad \Lambda_n \equiv (M_p m^{n-1})^{1/n}$$

Higgs mechanism

Best scaling for spin-1: $E^4 \qquad \Lambda_2 \sim (M_P m)^{1/2}$

Can this be improved by adding new fields?



allow additional scalar \rightarrow can achieve $E^0 \rightarrow$ Higgs mechanism

Higgs mechanism for gravity?

KH, Rachel Rosen, James Bonifacio (1903.09643)

Best scaling for spin-2: $E^6 \qquad \Lambda_3 \sim \left(M_P m^2\right)^{1/3}$

allow any number of additional spins < 2



 \rightarrow no gravitational Higgs mechanism

UV completion?

no gravitational Higgs mechanism means:

No tree level UV extension with a finite number of spins <2

There exist UV extensions with infinite numbers of spin 2's (Kaluza Klein) and infinite numbers of higher spins (string theory)

There may still be strong coupling/loop effects that kick in and UV complete the theory, with or without new degrees of freedom

Are there other, more general UV completion constraints we can impose?

Dispersion relations

Adams, Arkani-Hamed, Dubovsky, Nicolis, Rattazzi (2006)

Forward amplitude: $\mathcal{A}(s) \equiv \mathcal{A}(s, t = 0)$

$$f \equiv \frac{1}{2\pi i} \oint_{\Gamma} ds \frac{\mathcal{A}(s)}{(s-\mu^2)^{n+1}}$$
$$= -\left(\operatorname{res}_{s \to \infty} \frac{\mathcal{A}(s)}{(s-\mu^2)^{n+1}} \right)_{\text{EFT,tree}} > 0$$



Constrains coefficients of leading terms in tree-level of EFT E^{2n}

dRGT theory allowed island

Cheung, Remmen (2016)



Superluminality constraints

Another traditional constraint on EFTs: Superluminality of small fluctuations on non-trivial Lorentz-violating backgrounds (e.g. Velo-Zwanziger problem)

Less problematic: superluminality in the S-matrix

Camanho, Edelstein, Maldacena, Zhiboedov (2016)

Eikonal scattering:

high-energy, fixed impact parameter:

 $s/t \to \infty$

Time delay in scattering



Time delay: eikonal limit



Massive spin-2 eikonal

Time delay depends only on *on-shell* three point amplitudes:



- $\alpha_5 \leftrightarrow \operatorname{Riemann}^3$

Massive spin-2 time delay constraints

KH, Austin Joyce, Rachel A. Rosen (1708.05716)





Massive spin-2 time delay constraints

Allowed cubic vertex:
$$\mathcal{L}_3 \propto \frac{1}{2M_{\rm Pl}} R_{\rm EH}^{(3)} + \frac{m^2}{2M_{\rm Pl}} h_{\mu\nu}^3$$
,

Constraints on dRGT theory:



Similar conclusions for bi-gravity

James Bonifacio, KH, Austin Joyce, Rachel A. Rosen (1712.10020)

Summary

• Dark energy models are typically effective field theories with a very low UV cutoff (by particle physics standards)

• They parametrize the possible interactions of a certain choice of new long range degrees of freedom

• Central theoretical issue is UV completion: can any of these models be completed into full theories valid at smaller scales?

• An isolated massive spin-2 (e.g. massive gravity) is constrained but not completely ruled out

• Need to explore more exotic possibilities for UV completion